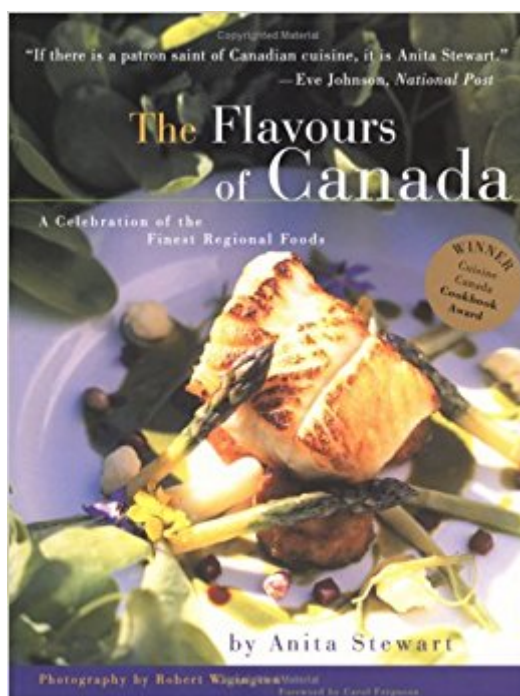


The book was found

The Flavours Of Canada: A Celebration Of The Finest Regional Foods



Synopsis

Anita Stewart takes readers on a full-flavored pan-Canadian culinary journey in this tantalizing winner of two Cuisine Canada Book Awards. Here are over 150 appetizing recipes that use local, seasonal ingredients and showcase the best of the country's regional cooking. Exploring Canada's five major gastronomic regions, Stewart provides recipes and vignettes from each. Illustrated with 130 color photographs, The Flavours of Canada reveals the beauty of the land and the wealth of Canada's culinary heritage.

Book Information

Paperback: 224 pages

Publisher: Raincoast Books; First Trade Paper Edition edition (March 8, 2006)

Language: English

ISBN-10: 1551928957

ISBN-13: 978-1551928951

Product Dimensions: 12 x 9.1 x 0.6 inches

Shipping Weight: 2.5 pounds

Average Customer Review: Be the first to review this item

Best Sellers Rank: #879,223 in Books (See Top 100 in Books) #68 in Books > Cookbooks, Food & Wine > Regional & International > Canadian

[Download to continue reading...](#)

The Flavours of Canada: A Celebration of the Finest Regional Foods
Niagara Flavours: Recipes from Southwest Ontario's finest chefs (Flavours Guidebook and Cookbook)
The Finest Wines of California: A Regional Guide to the Best Producers and Their Wines (The World's Finest Wines)
The Finest Wines of Tuscany and Central Italy: A Regional and Village Guide to the Best Wines and Their Producers (The World's Finest Wines)
CHEAT SHEET SIMPLY for USA FOODS:
CARBOHYDRATE, GLYCEMIC INDEX, GLYCEMIC LOAD FOODS Listed from LOW to HIGH +
High FIBER FOODS Listed from HIGH TO LOW with OVER 375 foods BORN IN THE USA
Whole Food: The 30 Day Whole Food Challenge & Whole Foods Diet & Whole Foods Cookbook & Whole Foods Recipes (Whole Foods - Clean Eating)
Whole: The 30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes Guaranteed to Lose Weight (Whole, Whole foods, 30 Day Whole ... Whole Foods Cookbook, Whole Foods Diet)
The Finest Wines of Burgundy: A Guide to the Best Producers of the C te D'Or and Their Wines (The World's Finest Wines)
Foods High in Fiber Cookbook: List of High Fiber Foods for a Healthy

Lifestyle - Recipes for High Fiber Foods The GMO Takeover: How to Avoid Monsanto and These Harmful Foods (GMO, Genetically Modified Foods) (Avoiding Toxic GMO Foods and Monsanto to Stay Healthy Book 1) Let's Explore Canada (Most Famous Attractions in Canada): Canada Travel Guide (Children's Explore the World Books) Canada: Canada Travel Guide: 101 Coolest Things to Do in Canada (Toronto Travel Guide, Montreal Travel Guide, Vancouver Travel Guide, Banff, Canadian Rockies) Canada: Where To Go, What To See - A Canada Travel Guide (Canada,Vancouver,Toronto Montreal,Ottawa,Winnipeg,Calgary Book 1) Canada: Where To Go, What To See - A Canada Travel Guide (Booklet) (Canada,Vancouver,Toronto Montreal,Ottawa,Winnipeg,Calgary) (Volume 1) Utah, a Centennial Celebration: A Centennial Celebration Organic Fun Foods for Kids & Grownups: Adventure Food Recipes to Make Every Day a Celebration Chefs in the Market Cookbook: Fresh Tastes and Flavours from Granville Island Public Market (Cooking (Raincoast)) Flavours of Prince Edward Island: A Culinary Journey Flavours of Portugal Food from the Fire: The Scandinavian Flavours of Open-fire Cooking

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)